

**2015 Ohio Capital Conference Championship - Cardinal & Central
Hosted by Hilliard Darby**

The 2015 Ohio Capital Conference – Central and Cardinal Division Championships will be held at Hilliard Darby High School on Saturday October 17, 2015.

Coach's instructions

- Before Monday, October 12 at 8 PM register your team(s) online at www.baumspage.com -- Cross Country page.
- Pick-up race packets at the finish line.
- In your packet you will have the following information: roster, timing instructions, IPICO shoe tags (chips), bib numbers and safety pins.
- Each team may enter up to 10 runners for each varsity race. Open races have unlimited entry.
- Awards can be picked up at the finish line shortly after results have been announced.

Time Schedule

10:00 AM	Girls Central Varsity Race
10:30 AM	Boys Central Varsity Race
11:00 AM	Girls Central Open Race
11:30 AM	Boys Central Open Race
12:00 PM	Girls Cardinal Varsity Race
12:30 PM	Boys Cardinal Varsity Race
1:00 PM	Girls Cardinal Open Race
1:30 PM	Boys Cardinal Open Race

Timing / Results

Timing First, LLC will be providing Finishlynx / IPICO chip timing at the event. IPICO chips are NOT DISPOSABLE. All chips must be returned at the end of each event. Coaches are responsible to make sure that athletes return chips. Missing, lost or damaged chips will result in a \$10 replacement fee billed to your athletic department. Please assist Timing First in making sure all chips are returned.

Results will be posted live at www.timingfirst.com/results/2015/10-17-HD

Meet Management

Please feel free to contact Hilliard Darby Head Boys Coach Mark Tremayne or Head Girls Coach Cori Schulte by email for questions about the facility at mark_tremayne@hboe.org or cori_schulte@hboe.org